

Name	Age	Overall	Gender	Div	Clock	Chip	Pace	PLP	Remarks
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**Shamrock 5K - Mar 13, Hilton Head Island SC**

El Guthrie	73	121/287		2/5	28:53		9:18	63.5%	
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**Hat 50K - Mar 20, Susquehanna State Park, MD**

Jean Richards	57	267/334			7:34:17				
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**Shamrock 8K - Mar 20, Virginia Beach VA**

John Weidner	47	82/6938	76/2700	6/248	33:36	31:53	6:25	74.2%	
Melanie Lenahan	41	172/6938	21/4238	1/533	34:38	34:31	6:57	72.8%	

**Shamrock Marathon - Mar 21, Virginia Beach VA**

John Weidner	47	11/2385	10/1498	3/183	2:52:42	2:52:40	6:35	78.6%	BQ, NYQ
Melanie Lenahan	41	125/2385	12/887	1/119	3:21:38	3:21:30	7:41	72.0%	BQ, NYQ

**Newark Distance Classic 20K - Mar 21, Newark**

Kimberly Borin	48	91/152	22/48	4/8	1:44:35		7:33	65.9%	
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**St Paddy's 10 Mile - Mar 21, Freehold**

Chris Franklin	40	78/473		19/47	1:15:28		7:33	61.6%	
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