

11th Annual
"The Pub Run"
In remembrance of
John Fischer
Sunday - July 16, 2017

Long Valley Pub & Brewery

1 Fairmount Road, Long Valley NJ

www.restaurantvillageatlongvalley.com

For those who are unfamiliar with this event, it is different from other Sunday Club runs as we each plan our own start time & location on The Columbia Trail. You decide your distance in order to arrive at the pub at 11:00 a.m. for brunch. Check the forum for a thread to post your running plans (start time/place and distance) and seek running partners.

- Hydrate well before you begin & carry fluids.
- The club cooler will be stocked, labeled & out on the trail about 8:00 a.m. in Califon.
- Sample idea: Park at LVBP and run out and back your chosen distance. It is approximately 6 miles down to the club cooler location in Califon. Walkers are welcome! (On foot from LVBP: the trail entrance is just north of the Pub on 517, about 100 yards after crossing at the traffic light.)

RSVP: Social@HRHNJ.org - as we will call ahead for tables.



Driving Directions to Pub:

The Long Valley Pub & Brewery is located on Route 517 (Fairmount Road), close to the intersection of Routes 513 & 517 in Long Valley. (From traffic light intersection of 513&517 in Long Valley - drive up the hill on 517 for about 250 yards and the Pub is on your right)



If driving over after running on the trail from our usual meeting place in the High Bridge parking lot of Columbia Trail, exit & turn left and go up the hill. Then turn right onto Church St, then Left onto Fairview Avenue (all of these streets are part of Route 513). Follow 513 for 10.7 miles to Long Valley and turn Right at the light and drive about 0.1 miles to the Brew Pub.