



Date: Saturday, December 1, 2018

Time: Arrive by 8:30 AM. First runner(s) will start at 9 AM. Subsequent start times will be staggered sequentially based on predicted finish times.

Where: [Echo Hill Park, 41 Lilac Dr., Lebanon, NJ](#)

Distance: 10K

Route: <http://www.gmap-pedometer.com?r=6473793>

Course Description: Mostly flat with a sprinkling of gentle hills.

Entry: **FREE.** Just send an [email](#) including your name and predicted finish time.

Theme: The **HRH Pie Run** is intended to be a fun event, but can also be as competitive as you might like to make it. Winners are not necessarily the fleetest of foot, but rather those with a keen sense of pace. This is a prediction run.

Rules:

- 1) Timing and/or tracking devices, including but not limited to watches, cell phones, GPS, etc. are prohibited. Disregard of this rule will result in disqualification and probably a dirty look or two as well.
- 2) You must submit a time for your predicted finish in advance of the race, and no later than 8:30 AM on race day. Submission prior to the day of is highly encouraged.
- 3) (Optional) Wear a race bib from any past race you've run.
- 4) Start times will be staggered based on the range of predicted finish times with the longest predicted finishing runner(s) leading off @ 9 AM.
- 5) Remember, this is just for fun...and pie. Part of the fun is seeing how close you can come to your predicted finish time...even if you don't walk away with pie.
- 6) All participants are welcome to stick around for post-race refreshments and results.

Awards: Pies will be awarded to the top two male and female finishers with the closest predicted finish times. No special requests please, but feel free to donate or share if so inclined.

